

Dessert

Shortbread Cookies



Ready in 45 minutes

Serving: 32 cookies

Ingredients

- 1 pound of butter, softened
- 2 cups of sugar
- 2 eggs
- 1 tsp vanilla
- 5 cups of flour

Preparation

1. Preheat the oven to 350 degrees.
2. In a large bowl, cream butter and sugar.
3. Add eggs and vanilla, cream well.
4. Add flour and mix well.
5. Pour mixture evenly in $\frac{1}{2}$ sheet pan (17.5 x 12.5)
6. Bake for 30-40 minutes, checking for doneness at 30 minutes. Cookies should be golden brown.
7. Cut while still hot. Let cool in the pan for 20 minutes.

Tips

If you want a crispier cookie, bake it 3-5 minutes more.

Spiritual message from this recipe

Five quality ingredients is all that is needed to make this delicious treat. What five quality ingredients do you need to create a delicious life? For me it is 1- Connection (to self and Source.) 2- Love (shared with family & friends.) 3 - Nourishment (of mind, body, spirit.) 4- Laughter 5- Expansion (spiritual evolution and growth.)