

RECIPE

# Pad Thai Noodles



Ready in **30 minutes**

Serves **4-6 People**

## Ingredients

- ½ pound dried rice noodles, warm water
- ½ pound shrimp
- ¼ cup fish sauce
- ¼ cup + 2 tablespoon brown sugar
- ¼ cup + 2 tablespoon rice wine vinegar
- 1 teaspoon catsup or tomato paste
- 4 green onions sliced diagonally
- ½ cup vegetable oil
- 2 cloves minced garlic
- 2 eggs - removed from shells
- ¾ pound bean sprouts rinsed and drained
- 1 tablespoon Chili sauce (Sambal)
- ¾ cup ground roasted, unsalted peanuts
- Lime wedges

## Preparation

1. Soak and cover noodles in warm water for 15-20 minutes. They should be flexible, not easily mashable. Drain and set aside.
2. Peel and devein shrimp, leaving tails intact. \*May substitute with chicken or firm tofu.
3. Mix the fish sauce, sugar, vinegar, chili paste and catsup and in a bowl. Stir until sugar is dissolved.
4. Heat a wok on medium high, add the oil and swirl to cover the pan. Add the garlic, stir until golden, add shrimp - cook until it turns pink. Add noodles, toss lightly to coat them with oil.

5. Add the liquid from step 3 and bring to a boil quickly. Stir noodles gently and boil on medium heat until they have absorbed the liquid.
6. Using a spatula, lift a portion of noodles on one side of the wok, slip one egg under the noodles and cover. Repeat this step on the other side of the wok.
7. Allow eggs to cook until almost dry. Distribute the eggs by gently stirring the noodles. The noodles will be delicate at this point.
8. Add the bean sprouts and green onions, toss the entire mixture quickly and gently. Try to avoid breaking the noodles. Cook for 1 minute until sprouts and onions are crisp-tender.
9. Serve noodles on a large platter. Sprinkle with peanuts and lime juice and have extra on the side for diners to add as they please.

## Tips

Optional garnishes: halved grape tomatoes and cilantro. This adds color and taste.

## Spiritual message in this recipe

This recipe is all about the alchemy - blending all kinds of ingredients to create a masterpiece of beauty and flavor

Take a look around you, nature is full of alchemy. God is the ultimate Alchemist!