

Salad

Festive Salad



Ready in **10 minutes**

Serves: 2-4

Ingredients

- 2 cups baby spinach
- 2 Tbsp Cara-Cara Orange Balsamic Vinegar
- 1 large tomato sliced (about 8 pieces)
- 8-10 Seasoned Mozzarella balls
- ¼ cup grated parmesan cheese
- Fresh ground pepper
- 2 Tbsp Balsamic vinegar
- Optional - a touch of basil and or cilantro to add more layers of flavor

Directions

- Put the spinach in the bottom of a nice platter to create the bed for the salad
- Drizzle with the Cara-Cara Orange Balsamic vinegar
- Arrange the slices of tomatoes to cover the spinach
- Place the mozzarella balls evenly on the salad
- Sprinkle with parmesan cheese and a few twists of fresh ground pepper
- Drizzle aged balsamic vinegar and serve immediately

Tips

You can add basil or other fresh herbs from your garden. You can also drizzle the seasoned oil from the mozzarella balls to add more richness to the salad

Spiritual message in this recipe

Food can and IS spiritual. Connecting to your food, being present, expressing your thoughts and appreciation to God, being in the creative process, all adds to the spiritual aspect of cooking