

Salad

Chicken Salad with Peanut Dressing



Ready in **30 minutes**

Serves: 4-6

Ingredients

- 1 ½ cup roasted chicken breast, shredded
- 1 head of Romaine lettuce
- 1 bag of bean sprouts
- 1 cup cucumbers, sliced thin
- 8 grape tomatoes
- 8 fresh basil leaves
- ½ cup green onions for garnish

Preparation

1. Shred the chicken into bite size pieces, set aside.
2. Rinse and chop lettuce
3. Rinse and drain bean sprouts
4. Thinly slice cucumbers
5. Halve the tomatoes
6. Chiffonade basil leaves
7. Starting with the lettuce and ending with chicken, layer the above ingredients in a nice bowl. Garnish with green onions and basil.
8. Serve with Peanut Dressing
 - [Peanut Dressing.pdf](#)
9. Optional - top with chopped peanuts

Tips

This is a great way to use up salad ingredients and leftover Costco chicken. If you don't want to buy bean sprouts, just chop up more cucumbers.

Spiritual message from this recipe

Simple ingredients combined with a strong dressing makes a delicious impact - just like a black dress with a string of white pearls. Put another way, simple combined with strong balance each other out beautifully.