

Salads

# Best Blue Cheese Dressing



Ready in **6-8 hours 15 minutes**

Serves **6-8**

## Ingredients

- 1 cup sour cream
- 1 cup mayo
- ½ cup buttermilk
- 6 oz crumbled blue cheese
- Pinch fresh ground nutmeg
- 1 clove garlic, grated
- Zest and juice from ½ a lemon
- 1 tsp tabasco
- 1 tsp Worcestershire sauce
- ¼ tsp white ground pepper
- 1 tsp sugar
- 12 cranks of fresh ground black pepper
- Optional - garnish with Italian parsley

## Preparation

1. In a large bowl, add all ingredients
2. Mix well
3. Chill for 1-2 hours before serving over salad.

## Tips

This is absolutely fabulous on my Wonderful Wedge Salad or is a perfect compliment to Buffalo Wings.

 [Wedge Salad.pdf](#)

## **Spiritual Message from this recipe**

Just as in Life, many different flavors add to the richness and depth of this dressing.